

Full Powerlifting 110.00

Push/Pull 90.00

Squat Only 80.00

Bench Press Only 80.00

Deadlift Only 80.00

All Crossovers are 60.00

There will be a 25.00 late fee for all entries after Sept. 25th. 2024

General Admission: \$10.00, Kids 12 and under, Free

Awards: 1st – 3rd. Places in all Divisions and weight classes. Best Lifter and Team Awards

Name of Contest: Ga. St. Championship 10/5/24

Print Full Name: _____ Age: _____

Date of Birth: _____

Address: _____ City: _____

State: _____ Zip: _____

Phone No: _____

Email: _____

Parent or Guardian must sign for you to lift if you are under 18.

Parent or Guardian signature: _____

NOTICE: ONLY SELECT THE ONES THAT PERTAIN TO THE EVENTS YOU ARE ENTERING.

Check the Division of your choice:

Novice (Division for Beginners) ____

Open (This Division is for everyone and anyone) _____

Check the Category that suits you

Raw PL With Wraps: (Belt, Wrist Wraps, Knee Wraps) _____

Raw PL Without Wraps: (Belt, Wrist Wraps, Knee Sleeves if desired) _____

Single Ply: (Single Ply Squat Suit and Single Ply Bench Shirt Only) _____

Multi-Ply: (Multi Ply Squat Suit and Multi Ply Bench Shirt) _____

Divisions: Teenage Men, Teenage Women, 13-15, 16-17, 18-19, Juniors 20-23, Women Open, Men Open, Sub-Masters 33-39, Police and Fire, Masters 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

Weight Classes for each Division: Teenage 13-15: _____ Teens: 16-17 _____ Teens 18-19: _____ Junior(20-23) _____ Women _____ Men _____ Police , Fire, Military _____ Sub-masters (33-39) _____ Masters(40-44) _____ Masters(45-49) _____ Masters(50-54) _____ Masters(55-59) _____ Masters(60-64) _____ Masters(65-69) _____ 70-74 _____ Other _____

What Weight Class are you entering?

**Wt. Class:
97____114____123____132____148____165____181____198____220____242____259____275____308____
Super Heavy_____**

Must be a SPF Member if you are not already a member send an additional 30.00 (Teenagers 20.00) for your membership card.

You can enter more than one event if you would like, (Cross Over) just check the events you want to enter

And send the appropriate fees according to the contest you are entering from the list above.

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Entry Fee: _____

Cross Over Fee: _____

Membership Fee: _____

Late Fee: _____

Total Amount Due: _____

Make all checks payable to: Cody Ritchey

Mail all entries to Cody Ritchey

816 14th. Street

West Tifton, Ga. 31794